

## Part 1 Essay

### Task

In your English class you have been talking about how teenagers should spend their free time. Now your English teacher has asked you to write an essay for homework.

Write your essay using **all** the notes and giving reasons for your point of view.

**'Teenagers today don't spend enough time doing activities outside.'**

**Do you agree?**

#### Notes

Write about:

- 1 safety
- 2 health
- 3 ..... (your own idea)

Write your **essay** in 140–190 words.

### Useful language

#### Expressing opinions

In my view/opinion...

Many/Some people think/claim/say/believe that...

#### Giving additional points

What is more/Moreover... / **FURTHER MORE**

Apart from that...

Besides this...

#### Making a contrast

On the other hand...

Having said that...

#### Summarising

On balance, I feel/think/believe that...

To conclude...

**TO SUM UP**  
**FINALLY,**

**WHEREAS**  
**IN CONTRAST**  
**ON THE CONTRARY**  
**DESPITE**  
**ALTHOUGH**

Start with a general statement that refers to the question.

Use linking words to connect ideas and sentences.

Don't forget to include your own idea.

Finish by clearly expressing your own opinion.

It is sometimes said that teenagers spend too much time indoors nowadays and not enough time outside. In general, I agree with this point of view, but there may be some good reasons why this situation exists.

Firstly, many parents don't want their children to play outside because they're worried about safety. Younger children could hurt themselves if they climb trees or play near water or busy roads, for example. However, I don't think it's too dangerous for most teenagers to do activities outside.

Furthermore, some people say that teenagers would be healthier if they spent less time indoors and more time in the fresh air. This may be true, but plenty of teenagers do play sport. Nevertheless, often they are doing this at a gym or sports centre instead of outside.

In addition, it's possible that teenagers who don't do activities outside will lose touch with nature. I firmly believe that this is very serious, not only for our planet, but because being outside creates a healthy mind.

To sum up, I agree that teenagers should do more activities outside, and their parents and teachers ought to encourage them.

Use a separate paragraph for each main point.

Give your opinion with reasons and examples.